

# RECOVERY

# WALK

WARDOWN PARK, LUTON

Join us in celebrating **recovery, inclusion & hope** at Bedfordshire's first Recovery Walk - **shining a light on the power of recovery from drugs & alcohol**

Whether walking, running, or cheering from the sidelines, let's come together as a community to champion recovery

SATURDAY

20

SEPTEMBER

Registration @ 8:40am

With thanks to  
parkrun

JOURNEY TO RECOVERY  
**ONE STEP  
AT A TIME**